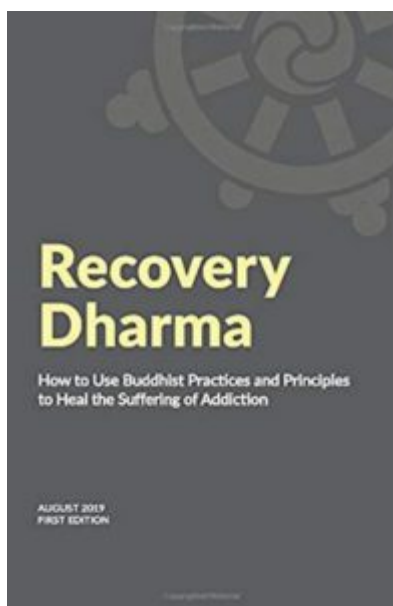


Reading List

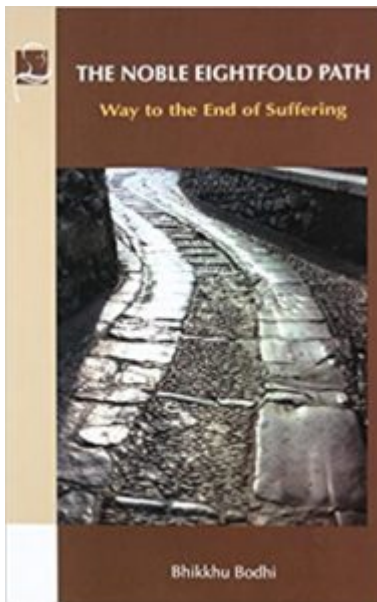


[Recovery Dharma: How to Use Buddhist Practices and Principles to Heal the Suffering of Addiction](#)

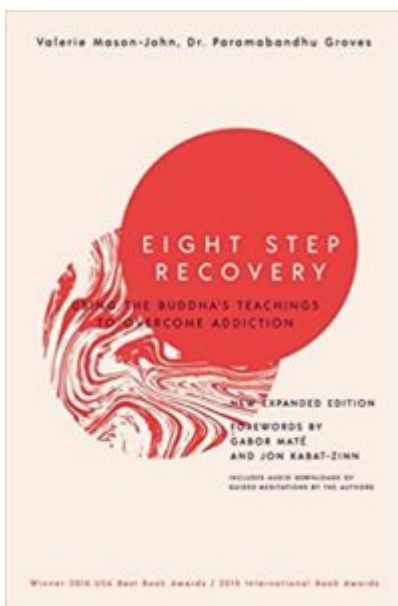
Additional Reading and Listening options: [Download a PDF option: Recovery_Dharma-v1.0](#)

[Listening on Sound Cloud:](#)

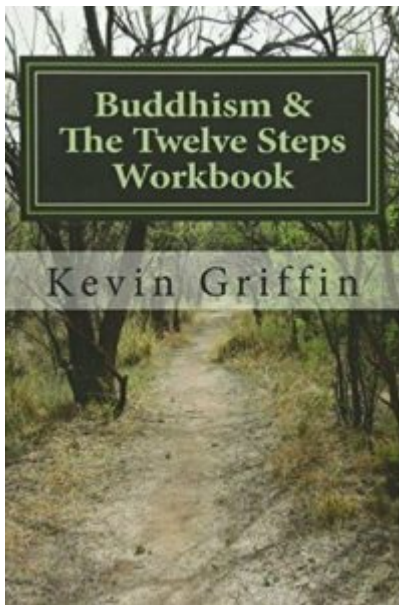
[Listening on Apple Podcast:](#)



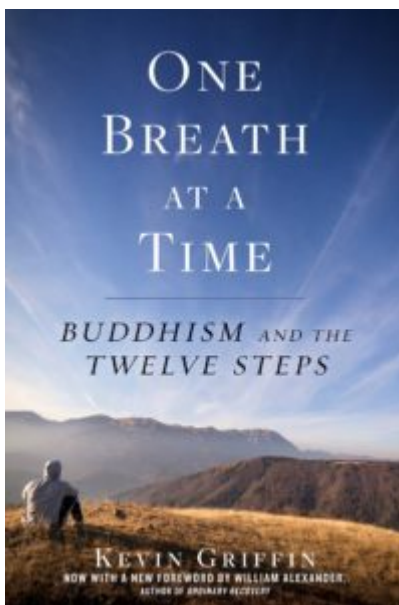
[The Noble Eightfold Path: Way to the End of Suffering
Paperback – April 1, 2006](#)



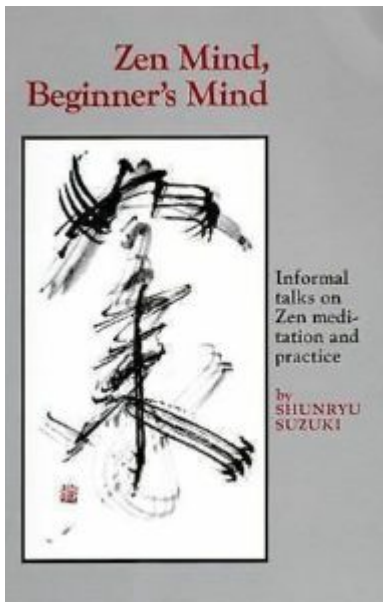
[Eight Step Recovery: Using the Buddha's Teachings to Overcome
Addiction Paperback – September 18, 2018](#)



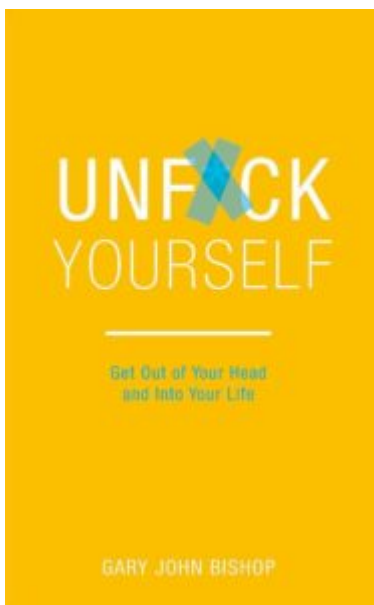
[Buddhism and the Twelve Steps A Recovery Workbook for Individuals and Groups 1st Edition](#)



[One Breath at a Time: Buddhism and the Twelve Steps Paperback – February 6, 2018](#)



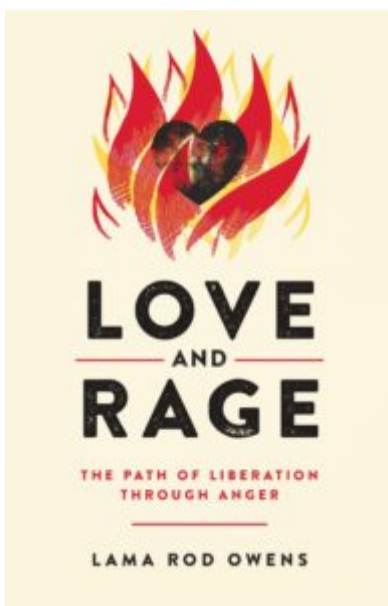
[Zen Mind, Beginner's Mind: Informal Talks on Zen Meditation and Practice Paperback – June 28, 2011](#)



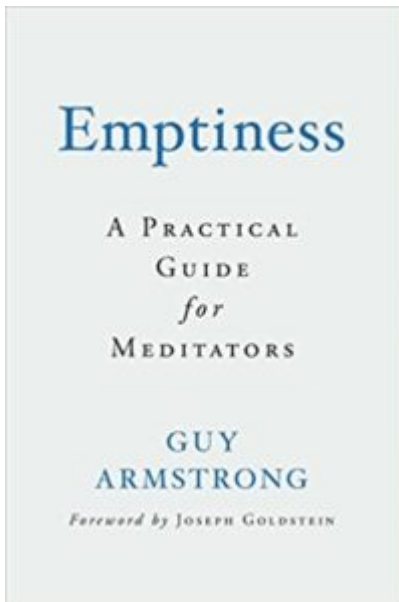
[Unf*ck Yourself: Get out of your head and into your life by Gary Bishop](#)



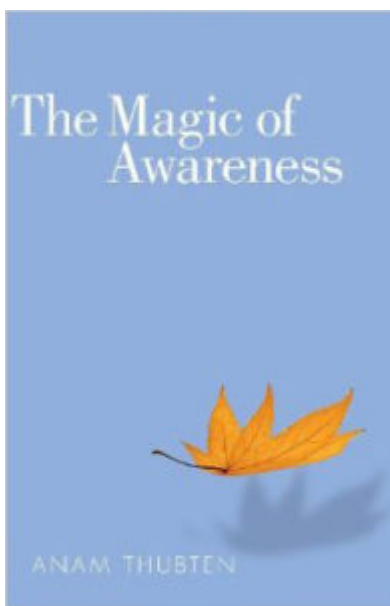
[Refuge Recovery: A Buddhist Path to Recovering from Addiction
Paperback – June 10, 2014](#)



[Love and Rage: The Path of Liberation through Anger Paperback
– June 16, 2020](#)

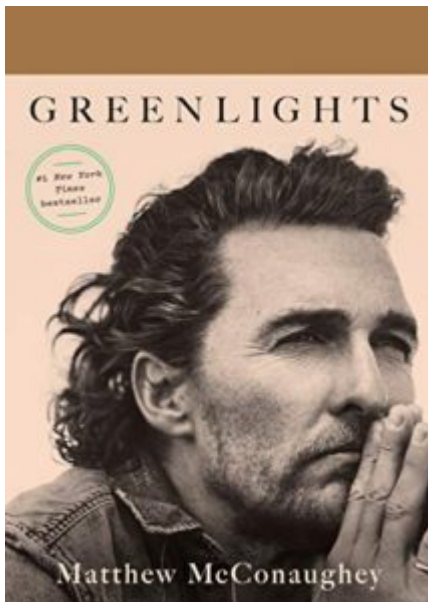


[Emptiness: A Practical Guide for Meditators Paperback – August 7, 2018](#)



[The Magic of Awareness Paperback – May 16, 2012
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[Relative Truth, Ultimate Truth The Foundation of Buddhist
Thought Volume 2 Paperback – October 1, 2008](#)



[Buddhist Psychology The Foundation of Buddhist Thought Volume 3 Paperback – Illustrated, October 20, 2006](#)



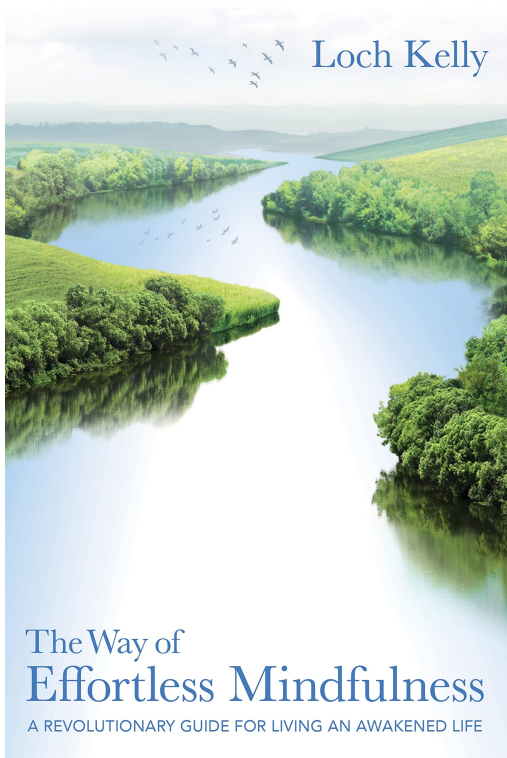
[The Awakening Mind The Foundation of Buddhist Thought Volume 4 Paperback – August 5, 2008](#)



[Emptiness The Foundation of Buddhist Thought Volume 5
Paperback – April 1 2009](#)

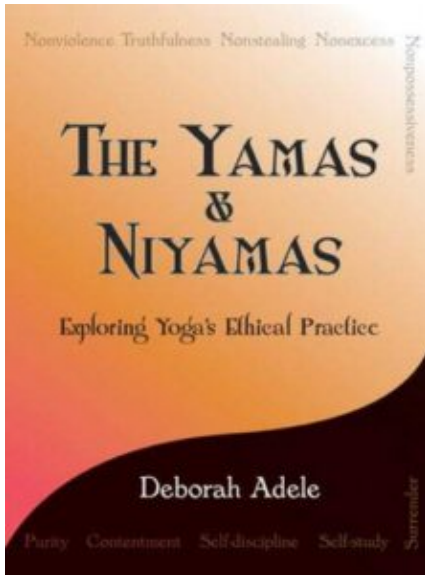


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